



THE
LORD'S
PRAYER



At only one
moment
in the entire
New Testament
do we see Jesus'
disciples asking
Him to teach them
something.



OUR FATHER IN HEAVEN

THE NAME OF GOD

We begin our prayer
with love.



How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!

1 JOHN 3:1A



YOUR KINGDOM COME

COME, YOUR KINGDOM!

Invite God's Rule
and reign.



But seek first his
kingdom and his
righteousness,
and all these
things will be
given to you
as well.

MATTHEW 6:33



**YOUR
WILL
BE
DONE**

BE DONE, YOUR WILL!

Align your will
to the Father's.



So do not throw
away your
confidence; it
will be richly
rewarded. You
need to persevere
so that when you
have done the will
of God, you will
receive what he
has promised.

HEBREWS 10:35-36



**GIVE
US
THIS
DAY**

BE OUR PROVIDER

We depend on You
for sustenance.



...All we have is
from the hand
of God's royal
bounty; we have
nothing but what
He gives us out of
His storehouse;
we cannot have
one bit of bread
but from God.

THOMAS WATSON



**FORGIVE
US
OUR
DEBTS**

LET FORGIVENESS RULE

Forgive me as
I forgive others.



Be kind and
compassionate
to one another,
forgiving each
other, just as
in Christ God
forgave you.

EPHESIANS 4:32



**LEAD
US NOT
INTO
TEMPTATION**

STRENGTHEN MY SPIRIT

To resist the pull of evil.



...The word
'temptation'
means sometimes
trial, affliction,
anything that
tests our virtue.

ALBERT BARNES



DOXOLOGY:

**YOURS
IS THE
KINGDOM**



The Daily Examen:

1. Stillness

Become aware of the Presence of God.

2. Gratitude

Review your day with gratitude.

3. Reflection

Become aware of your emotions.

4. Joy & Sorrow

Choose one feature of the day, and pray.

5. Hope

Look toward tomorrow.